## **Greater Prince William Community Health Center**



Your Home for a Healthy Family and a Healthy Community

4379 Ridgewood Center Dr, Suite 102, Woodbridge, VA 22192 Phone: 703.680.7950 Web: GPWHealthCenter.org

## Celebrate National Community Health Center Week With Free Health Screenings and Educational Programs

(8/1/11 – Woodbridge, VA) – The Greater Prince William Community Health Center will commemorate National Community Health Center Week, August 8 to 12, with a variety of free programs and activities. These events—which include health screenings, educational sessions and tours—are open to the public at the Health Center, 4379 Ridgewood Center Drive in Woodbridge.

Program	Date and Time	Activity
Mammograms	9 a.m. to 3 p.m.	Patients with a current mammogram order can
	Monday, August 8	schedule a free mammogram from our partner,
		the University of Virginia Mobile Clinic.
Open House	1 to 3 p.m.	Open house and tour of the Health Center.
	Tuesday, August 9	
Healthy	1 to 3 p.m.	Presentations provided by the RealFit Center
Lifestyles	Tuesday, August 9	of Amerigroup.
Health	2 to 6 p.m.	Height and weight checks plus blood pressure
Screenings	Weds., August 10	and blood glucose screenings by our primary
		care team.
	2 to 4 p.m.	ADHD screenings by our behavioral health
	Weds., August 10	team.
	4 to 6 p.m.	Oral health screenings by our dental team.
	Weds., August 10	
Preparing for	5:30 to 7 p.m.	A seminar for expectant families in partnership
Labor Seminar	Weds., August 10	with the Northern Virginia Family Service
		(NVFS) Healthy Families Program.
Optometry	9 a.m. to noon,	The Lake Ridge Lions Club Mobile Clinic will
Mobile Clinic	1 to 3 p.m.	be at the Health Center to provide free vision,
	Thurs., August 11	glaucoma and hearing screenings.
Car Seat	10 a.m. to 2 p.m.	NVFS- Healthy Families Prince William will
Distribution	Thurs., August 11	offer low-income parents the chance to apply
		for a free car seat. 30 seats are available on a
		first-come, first-served basis.
Healthy Eating	8 a.m. to 4:30 p.m.	Healthy snacks, recipes and informational
	August 8 to 12	materials regarding a healthy diet will be
		available in the Health Center waiting rooms.

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"National Community Health Center Week recognizes the important role of facilities like the Health Center in providing affordable, high quality, health care to all people, regardless of income," said Health Center Executive Director Frank J. Principi. "We encourage residents from all over the Greater Prince William Area to visit the Health Center and learn about our integrated and coordinated approach to health care."

For information about any of the Community Health Center Week activities, call the Health Center at 703-680-7950. You can also learn more about the Health Center at <u>www.GPWHealthCenter.org</u>, on Facebook, Twitter and YouTube. The Health Center is a non-profit 501(c)3 organization that provides primary, prenatal, dental, and behavioral health services under one roof for the whole family.

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